



Five Years of Community Impact in Southwestern Ontario

Harvest Hands has grown from humble beginnings into a vital resource for Southwestern Ontario, thanks to a joint community collaboration. What started as a modest initiative is now a lifeline for many, with demand for food assistance steadily rising. We have expanded our operations to meet this need, ensuring no one is left behind.

In March 2020, the Collins family and volunteers founded Harvest Hands to address food insecurity in the region. Almost half of all food produced in Canada goes to waste, while one in five Canadians faces hunger daily. Food insecurity is driven by food waste, rising living costs and lower family incomes.

Harvest Hands operates entirely on donated food and provides free assistance to the poor, hungry, homeless, seniors, students, and anyone in need. Each year, our capacity to serve has grown. To date, we have rescued **over \$40 million** worth of food, keeping it out of landfills and redirecting it to those who need it most. Our volunteers and supporters have been essential in helping us pursue our mission: to **End Hunger and Nourish Hope**.



Your Donation Matters.

Make an impact by making a donation.
Every \$1 donated = 3 meals provided.

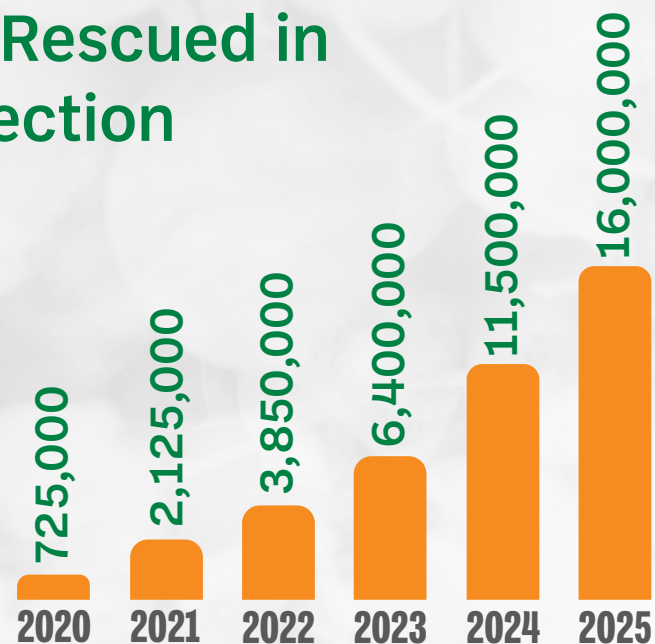
www.harvesthands.ca/donate



Our Growth Continues..

Reflecting on 2025 – It has been an extremely busy, yet productive and successful year for Harvest Hands. The availability of rescued food and the unprecedented demand from those in need reached extraordinary levels, as demonstrated by our five-year growth chart.

5 Year Growth of Food Rescued in Dollars with 2025 Projection



Started in **2020** in a Church Gymnasium

Providing the Equivalent of **126,500+** Meals/month **FREE**

Partnering with **325** Non-Profit Agencies across SW Ontario

100+ Partners – Farmers, Growers, Retailers, Bakers – providing **FREE** food

Average Weekly Food Rescue **\$265,000**

Food Rescued in 2025 **3,850,000 lbs**

Greenhouse Gas Averted 2024 **16,500,000 lbs**

Rescued since 2020 **\$40,000,000**

Food Rescues in 2024 **4,960**

Cost effective **\$1 = 3 meals**

Food Deliveries Made in 2024 **3,795**

250+ Volunteers Helping Weekly

50%
OF ALL FOOD PRODUCED IN CANADA IS LOST OR WASTED.

1 in 5
CANADIANS EXPERIENCE FOOD INSECURITY EVERYDAY.
THAT'S 20% OF CANADIANS.

Our Community Partnerships



We are deeply grateful for the partnerships we share with numerous individuals and organizations. These include businesses, churches, foundations, service clubs, and community groups, all of whom contribute significantly to our mission. Their involvement enables us to make a tangible difference in the lives of those we serve. We remain humbled by the generosity shown and sincerely thank everyone for their steadfast commitment to Harvest Hands. The support we have received has made a remarkable impact throughout 2025.

The concept of giving back to the community – a principle that once formed the foundation of local communities in Canada – remains vibrant at Harvest Hands. Our efforts serve as a living example of a community united in action and heart, collectively working to mitigate the effects of systemic poverty. This collaboration, with everyone striving toward a common goal, demonstrates that “It Takes a Village” for our mission to be realized.



OUR UNIQUE BUSINESS FORMULA

Harvest Hands has **NO COST OF GOODS** and **LOW LABOUR COSTS**, which means that for every \$1.00 received, we can provide the equivalent dollar value of 3 **NUTRITIOUS MEALS**. The impact of your gift is both immediate and measurable, allowing you to quickly calculate how many meals your support will provide.



Harvest Hands has rescued thousands of pounds of fresh, frozen, and dry food items for re-distribution to agencies within our community and beyond. Their hard work allows us to provide our clients with a more diversified and nutritious hamper to enjoy.

A heartfelt thanks to everyone at Harvest Hands for their ongoing dedication and compassion for our community.

-Karen, St. Thomas Elgin Food Bank





CURRENT NEEDS

Can you help?

- Used 24ft Refrigerated Van with Power Liftgate. **\$110,000**
- Complete Installation of Commercial Kitchen. **\$42,500**
- Fuel and Maintenance for Pick-Up & Delivery of Rescued Food. **\$118,000**
- Electric Pallet Truck for loading, unloading & moving pallets. **\$3,500**
- Diesel Generator to prevent loss of perishable products during power outage. **\$48,000**



For only \$25 per month, YOU can make a difference in a family's life by providing fresh food and resources in over 14 counties across Southwestern Ontario – to give people in need a hand up for a better tomorrow.

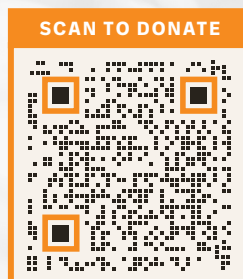
Providing the equivalent of over 125,000+ meals per month.

Your Support is Making a Difference!

1. Your support is instrumental in offering hope to individuals and community agencies by supplying essential food and resources. These contributions reduce food insecurity and offer vital assistance to those facing tough times.
2. With your generosity, we can cover key operational costs, including transporting food to agencies across Southwestern Ontario.
3. By redirecting surplus food from landfills, your support reduces waste and nourishes those in need – benefitting the environment and strengthening our community.

Harvest Hands Food Distribution Centre

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CRA#823024856 RR 0001



Follow Us!

HarvestHands.ca